

REMEMBERS WHEN

LESSON 1 WORKSHEET

LIST SOME OF THE GREAT EXPERIENCES YOU'VE HAD

Think of a significant experience you've had and write down a few words or a phrase that will remind you about the story. Some phrases that might inspire you include:

- The time I ...
- How I learned ...
- Why I don't ...
- Where I found ...
- How I met ...

Carry this worksheet with you all day today. Whenever you think of one of your experiences, jot down a few words to remind you what it was. Don't try to write about the experience, just make a list. Print extra copies when you exceed ten ideas. There is no limit.

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